

HOLY



COMMUNION

LOOKING UNTO JESUS - TESTIMONIES - LATEST MESSAGES

PAGE 12

partner with FOWM us



Wisdom Digest is published by the Fountain of Wisdom Ministries as a forum to share the ministry of Revs. Kola and Funke Ewuosho. It is also published to inspire, inform and cultivate the involvement of readers worldwide to share in the establishment of God's covenant in the earth through our Lord Jesus Christ. This magazine is distributed freely and supported by partner contributions and donations.

If you have been blessed by this issue we would like to hear from you. Your prayers and support in any form are greatly appreciated.

Please refer this publication to your friends and family. They can email us to request their own free copy: office@uk.fowm.org. If you would like Fountain of Wisdom Ministries to be a blessing to your church, fellowship or region, please contact an FOWM office.

Copyright © 2026 Fountain of Wisdom Ministries. No part of this publication may not be reproduced, stored in a retrieval system or transmitted in any form or by any means without prior permission of Fountain of Wisdom Ministries.

Chief editors: Revs. Kola and Funke Ewuosho
Editor and designer: Keji Agbeniga
Images: Canva & owned photography

FOWM OFFICES

UK: Tel: +44 (0)1344 844172
Email: office@uk.fowm.org
Web: www.harvestimechurch.net
The Old Church Hall, Rear of Station Parade,
Virginia Water, Surrey, GU25 4AB, United Kingdom

NIGERIA: Tel: +234-7081099229,
+234-7058714466
Email: office@fowm.org.ng
fountainofwisdomministries@gmail.com
Web: www.wofcc.org
P.O Box 13112, Nomansland, Kano

GHANA: Tel: +233-302-329140, +233 208127676
Email: fowmig@yahoo.com
office@wisdomchapel.org
Web: www.wisdomchapel.org
P.O. Box Kn 3021, Kaneshie, Accra.

CAMEROON: Tel: +237-33158415, +237-75014500
+237 77 89 79 06, +237 699772898
Email: harvestimedouala@yahoo.fr
Harvestime Church Douala,
P.O Box 9431, Cameroon

KENYA: Tel: +254-713869441, +254703400235
Email: office@ke.fowm.org
P.O Box 7895, Eldoret, Kenya, Code: 3010

heart to heart...

Dear friend,

We welcome you to our latest Wisdom Digest Magazine where we bring you fresh insights into God's Word and practical applications of the Word in the Wisdom of God.

In this edition, you'll be reading about insights into the kind of race set before us as we press towards the goal of the high calling of God that we have in Christ. The bible calls it a race set before us. In this magazine, you will also be reading about the Holy Communion and the significance of it. Get ready for a deep communion with our Lord and Saviour Jesus Christ.

You will also read about what God is doing in the lives of others, through the Fountain of Wisdom Ministries.

Hebrews 12:1-2 (NKJV) says, "Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."

We need to keep pressing unto the high call of God and we can only do so successfully if we maintain a lifestyle of faith and communion with God.

Maintain your communion with God no matter what you are going through. He says He will never leave you.

Hebrews 13:5-6 (NKJV) says, "Let your conduct be without covetousness; be content with such things as you have. For He Himself has said, "I will never leave you nor forsake you." So we may boldly say: "The LORD is my helper; I will not fear. What can man do to me?"

We welcome you to the next phase of your journey in Christ. He is with you to give you the strength you need and to give you direction in your journey towards the destiny that He has for you. Stay in communion with His Spirit who lives in you. Keep your eyes on Him and trust Him to keep His Word to you.

You are a winner and not a loser. You are more than a conqueror through Him that loves you.

God bless you as you fellowship with the content of this magazine.

Jesus Christ is Lord!

Rev. Kola and Rev. Mrs Funke Ewuosho.



CONTENTS

06 LOOKING UNTO JESUS

by Rev. Kola Ewuosho

12 THE POWER OF THE HOLY COMMUNION

by Rev. Funke Ewuosho

17 RAISING THRIVING TEENS

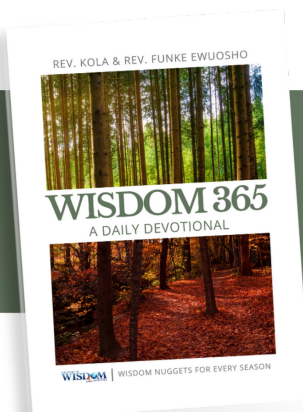
Deeply rooted: a story about identity and faith...

20 LATEST MESSAGES

Be blessed by our latest audio messages

21 PARTNERSHIP IMPACT REPORT

Read our 2025 impact report to our partners and friends



WISDOM 365 A DAILY DEVOTIONAL

WISDOM NUGGETS FOR EVERY SEASON



www.harvestimechurch.net/shop/wisdom365devotional



YouTube

FOWM



Subscribe to our channel
for weekly videos (free)



Become a member

pay monthly to get exclusive access to
teachings, events & all live streams



FOWM YOUTUBE

LOOKING UNTO JESUS

Rev. Kola Ewuosho

Hebrews 12:1-2 (NKJV)
"The Race of Faith

Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God."

In our spiritual walk in this life, who or what we focus on will go a long way in the transformation that God expects us to experience. It is one thing to know that there is a race we are running; the end picture of our race is full conformity to Christ. He is our model Son, the example who has gone ahead of us so that what He has experienced will serve as an inspiration for us, as we press towards the goal for the prize of the upward call of God in Christ.

Whatever we do, we need to let Jesus' life and ministry inform the vision we see and what we keep beholding till we finish the race set before us. We become what we behold. We are inspired by His life. The Spirit of God ensures that we are transformed into the same image of Christ from glory to glory.

2 Corinthians 3:18 (NKJV) - *"But we all, with unveiled face, beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, just as by the Spirit of the Lord."*

Philippians 3:13-14 (NKJV) - *"Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus."*

There is a goal and we need to press towards it for the prize of the upward call of God in Christ Jesus. Reading this in context we see what the Apostle Paul was saying to the Philippians.

Philippians 3:10-16 (NKJV) - *"that I may know Him and the power of His resurrection, and the fellowship of His sufferings, being conformed to His death, if, by any means, I may attain to the resurrection from the dead. Not that I have already attained, or am already perfected; but I press on, that I may lay hold of that for which Christ Jesus has also laid hold of me. Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things* ►

which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus. Therefore let us, as many as are mature, have this mind; and if in anything you think otherwise, God will reveal even this to you. Nevertheless, to the degree that we have already attained, let us walk by the same rule, let us be of the same mind."

The whole journey starts with our recognition of our new identity in Christ. This will lead to our recognition of the responsibility that goes with being a disciple of Christ. It will also inform how we should live our lives. With this lifestyle comes the discovery of our gifts and callings in Christ. Then as we continue with our lifestyle of pursuit of the purposes of God for our lives, we develop our gifts and deploy them to bless and impact the lives of those around us as we keep our eyes on Jesus Christ, the Author and Finisher of our faith.

Some words stand out for me as I think about this life. They are: understanding, commitment and consistency. When we understand our new identity and the responsibilities that go with our lives, we begin to discover our gifts and callings. We position ourselves to deploy our gifts to be a blessing to others. We need to make the commitment to not only read and study the Word of God, but also meditate and act on the truths we come in contact with in the Bible. That is where consistency comes in.

1 Corinthians 9:24-27 (NKJV)

"Striving for a Crown

Do you not know that those who run in a race all run, but one receives the prize? Run in such a way that you may obtain it. And everyone who competes for the prize is temperate in all things. Now they do it to obtain a perishable crown, but we for an

imperishable crown. Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air. But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified."

Joshua 1:8 (NKJV)

"This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success."

In all that we do we need to make sure that our motives are correct. We must not be self-centred or prideful. Our motives should be to please God as we love Him and others.

1 Corinthians 10:24 (NKJV)

"Let no one seek his own, but each one the other's well-being."

1 Corinthians 13:13 (NKJV)

"And now abide faith, hope, love, these three; but the greatest of these is love."

So to successfully press towards the goal of being fully Christlike, we need to keep looking unto Him, who is the Author and Finisher of our faith. Also, we need to be grounded and keep growing up in our knowledge of our identity as well as our responsibilities, and make our lives count for God and His kingdom as we cultivate the lifestyle of service to God and obedience to His Word. We then learn to always give Him all the glory for His wonderful plans for our lives. ►



OUR IDENTITY

2 Corinthians 5:17-21 (NKJV)

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation, that is, that God was in Christ reconciling the world to Himself, not imputing their trespasses to them, and has committed to us the word of reconciliation. Now then, we are ambassadors for Christ, as though God were pleading through us: we implore you on Christ's behalf, be reconciled to God. For He made Him who knew no sin to be sin for us, that we might become the righteousness of God in Him."

We are the new creation and have been made the righteousness of God in Christ. We all have the ministry of reconciliation. This is part of our responsibility. We stand as ambassadors of Christ and we seek to reconcile the world back to God. We should proclaim the gospel of Jesus Christ.

OUR RESPONSIBILITIES

Our responsibilities include our reaching out to others because of our love for God and our love for the human race. Then we can expect that the miracle working power of God to be available to us as we step out into our responsibilities to preach the gospel.

We do the preaching, speaking in tongues, praying for the sick and casting out devils wherever we find them. These are amongst the things that we are to do.

Read Mark 16:15-18

Our Warfare Against the Demonic World

We should remember that we are at war against satan, all his cohorts, and the effects of the carnal nature in our flesh. We are responsible for putting the flesh under by crucifying the flesh. Remember that Christ has already defeated the enemy, so we should walk with the consciousness that he has been defeated on our behalf.

We are to enforce the victory we have over the enemy. Read Ephesians 6:10-20.

Also read 1 John 4:7-21 (NKJV)

These facts go a long way in helping us determine our lifestyle. Then we can achieve our goals.

Romans 8:28-30 (NKJV)

"And we know that all things work together for good to those who love God, to those who are the called according to His purpose. For whom He foreknew, He also predestined to be conformed to the image of His Son, that He might be the firstborn among many brethren. Moreover whom He predestined, these He also called; whom He called, these He also justified; and whom He justified, these He also glorified."

continued on page 10



BIBLE SCHOOL

➔ WWW.FOWM.ORG/BIBLE-SCHOOL

JOIN NOW



LEADERSHIP



THE APOSTOLIC



MINISTRY



TRAINING

In summary, the goal we are pressing towards is Christlikeness in character and power. We need to keep looking unto Jesus Christ. We need to be conscious of our new identity in Christ. This new identity helps to position us for the power of God to be in us and flow through us. The greater One lives in us.

1 John 4:4 (NKJV)

"You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world."

Then we wake up to our responsibilities in Him. This new life has come with certain responsibilities that we need to fulfil. We have authority over the demonic powers so we can cast out devils, pray for the sick, and intercede for the nations of the world. We have the authority to take care of the people in other nations as we pray for them and cast down the evil spirits that are operating in the nations of the earth. We have scriptures telling us about our authority in Christ. Read Matthew 16:18-19.

Copyright © 2026 Rev. Kola Ewuosho. No part of this article may not be reproduced, stored in a retrieval system or transmitted in any form or by any means without prior permission of the author.

Our lifestyle in the light of these things should be that of reading, studying and meditating in the Word of God, and praying and fasting for different things. We should have a devotional prayer life as well as make intercession for people and nations that have needs. Then we ensure that our lives are built on the Word of God. Through our confession of the Word we build a strong consciousness of the Word into our lives. We are sure of who we are in Christ and exercise our authority in Christ to accomplish various things in our lives and overcome various challenges that we face.

We need to also make time to evangelise others. In our places of work and generally, we should take every opportunity to plant the seed of God's Word into the lives of people around. We don't do this to disrupt our place of work.

Then our commitment to this lifestyle will encourage us to be consistent in our lives and be obedient to any other instruction that we receive from the Spirit of God. We can ensure that we walk in the lifestyle of obedience.

With these we can really press towards the goal of the High calling of God in Christ.

Welcome to the life of the manifestation of Christ in every aspect of our lives.

Rev. Kola Ewuosho.



One of the messages that has greatly blessed me recently is "Do Not Cast Away Your Confidence" by Rev. Funke Ewuosho. It came as a timely reminder of what it truly means to live by faith and trust God completely, regardless of circumstances.

The message reinforced a truth that every believer needs to hold firmly: when you live by faith, you must live by the Word of God. Faith is not based on feelings, appearances, or human reasoning; it is built on the unchanging Word of God. One statement that particularly stayed with me was the encouragement to keep applying the Word because the Word works. That simple truth has strengthened my confidence in God's promises and reminded me that His Word never fails.

I was also blessed by this teaching when Reverend shared that faith people are confident people. Hebrews 11:1 shows us that faith carries assurance and conviction.

As believers, we are not called to live in uncertainty or fear but in confidence because we know whom we have believed. This message helped me to see that confidence is not arrogance; it is a product of knowing what God has said and choosing to stand on it.

Another powerful lesson was that confidence gives us boldness. Through Christ, we have the privilege of approaching God with boldness and expectation, knowing that He is faithful to His Word. This has encouraged me to pray more confidently and to expect God's intervention in every area of my life.

This message has also challenged me to labour in the Word. Living by faith requires diligence. We must continually feed on God's Word, meditate on it, and allow it to shape our thinking and actions. The more we immerse ourselves in the Word, the stronger our faith and confidence become.

REV, FUNKE EWUOSHO

do not
cast away

your
confidence

Hebrews 10:35

**"GREATLY
BLESSED"**

As I listened to this message, my heart was strengthened with the assurance that things will be well, not because of favourable circumstances, but because the Word of God says so. No matter what challenges may arise, I am more convinced than ever that God's Word is working in my situation and will surely produce the results He has promised.

I thank God for this timely message and for the ministry's commitment to teaching God's Word. It has renewed my confidence, strengthened my faith, and encouraged me to keep standing on God's promises in His Word until I see their full manifestation.

Sam

DO NOT CAST AWAY YOUR CONFIDENCE
REV. FUNKE EWUOSHO

Hebrews 10:35 (NIV) says, "So do not throw away your confidence; it will be richly rewarded." Humanly speaking some things look like there is a delay. But in God's program there is no delay! He is always on time! He is a very present help in trouble. Listen to this series and be encouraged!

MP3/CD

£21 / \$28



harvesttimechurch.net/shop

THE POWER OF THE HOLY COMMUNION

A black and white portrait of Rev. Funke Ewuosho, a Black woman with short, curly hair, smiling warmly. She is wearing a dark blazer over a blue top, a necklace, and large hoop earrings. The background is a rustic wooden wall.

Rev. Funke Ewuosho

The Bible says, the days are evil (Eph. 5:18); and believers are admonished to take up the whole armor of God, that they may be able to withstand in the evil day (Eph. 6:13). It's my strong belief that, to withstand in these evil days, you must also know about the Holy Communion!

THE HOLY COMMUNION AND THE PASSOVER:

It wasn't a coincidence that Jesus instituted the Holy Communion during the Passover (Lk. 22:7-22). The Passover instituted in Exodus 12, was "a shadow of things to come, but the substance [reality] is of Christ." (Col. 2:17c). Jesus is our Passover Lamb (1 Cor. 5:7); and the Bread of life (Jn. 6:35)! Also, we don't have to go around looking for unleavened bread; "Therefore let us keep the feast, not with old leaven, nor with the leaven of malice and wickedness, but with the unleavened bread of sincerity and truth." (1 Cor. 5:8). Unfortunately, we still have folks today who are practicing Judaism in Christianity!

THE SIGNIFICANCE OF THE HOLY COMMUNION:

The Holy Communion is also referred to as, "the Lord's Supper" or "Breaking of Bread" or "The Eucharist."

1. It is a covenant meal.

"And as they were eating, Jesus took bread, blessed and broke it, and gave it to the disciples and said, "Take, eat; this is My body. Then He took the cup, and gave thanks, and gave it to them, saying, "Drink from it, all of you. For this is My blood of the new covenant, which is shed for many for the remission of sins." (Matt. 26:26-28).

In those days, whenever two communities or tribes cut a covenant, they always sat and had a meal. As they sat at the table, Jesus said to His disciples, "With fervent desire I have desired to eat this Passover with you before I suffer;" (Lk. 22:15).

The Holy Communion is also a celebration of our covenant with God and fellow believers. In Acts 2:46, believers were "breaking bread from house to house, they ate their food with gladness and simplicity of heart,". Paul gave the church some guidelines concerning the Lord's Supper (1 Cor. 11:33-34a). There are huge repercussions for "not discerning [honouring] the body of Christ." (1 Cor. 11:30). Remember that the church is also His body (Eph. 1:22-23; 1 Cor. 12:27); so we must learn to honour fellow believers too!

Jesus gave His body for us; 1 Peter 2:24 says, "who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness—by whose stripes [wounds] you were ►

Copyright © 2026 Rev. Funke Ewuosho. No part of this article may not be reproduced, stored in a retrieval system or transmitted in any form or by any means without prior permission of the author.

healed.” (Also Isa. 53:4-5). We must therefore see healing as our covenant provision and right. So you can command sicknesses and diseases to leave your body, in Jesus’ Name. In healing the woman with the spirit of infirmity, Jesus said; “So ought not this woman, being a daughter of Abraham, whom Satan has bound— think of it— for eighteen years, be loosed from this bond on the Sabbath?” (Lk. 13:16). The phrase, “a daughter of Abraham,” has a covenant connotation.

2. It is partaking of the Body and Blood of Christ.

“The cup of blessing... is it not the communion of the blood of Christ? The bread... is it not the communion of the body of Christ?” (1 Cor. 10:16). Communion also means fellowship, participation, and sharing. Jesus was speaking symbolically when He talks about them eating His flesh and drinking His blood (Jn. 6:53-56). He wasn’t talking about His physical body and blood!

The bread and the cup are symbols: Jesus is the Bread of life; and when Jesus gave the cup to His disciples, He said, “This is my blood of the covenant, which is poured out for many” (Matt. 26:28a NIV). God said the life is in the blood (Lev. 17:10-12). So, whenever we eat the bread and drink the cup; we are partaking of the body and the blood (i.e. the life) of Jesus.

Jesus also said, “as often as you do this,” not as seldom as you do this! Often means, frequently, many times, repeatedly, etc. Unfortunately, some have erroneously believed that they have to be in a church building and served by the priests. But in the book of Acts, the believers broke bread from house to house (Acts 2:46); and the Israelites had the Passover in their houses (Exo. 12).

You can’t break bread often, and stay sick; Jesus said, “He who eats My flesh and drinks My blood abides in Me, and I in him.” (Jn. 6:56). I know of people who were healed of chronic diseases, by regularly breaking bread! If people became weak, sick, and died prematurely because they took the Holy Communion in an “unworthy manner” (1 Cor. 11:28-30), then they would be strong, healthy, and live long, if they took it in the right manner!

3. It is the Remembrance of Christ.

Jesus said they should eat the bread and drink the cup “in remembrance” of Him (1 Cor. 11:23-25).

We remember our birthdays, anniversaries, etc; often by some “special action or ceremony or the creation of a physical memorial”. So, it’s not just a one-off thing; God told the Israelites to keep the Passover as a feast to the Lord throughout their generations, as an everlasting ordinance (Exo. 12:14,24).

The Psalmist commanded his soul to bless the Lord, “And forget not all His benefits:” and he went on to list them (Psa. 103:2-5). So, when we break bread, we remember His that His body was broken for us, and His blood shed for us; we commemorate His death by the Holy Communion.

It is important that we remember His death, because what you can remember or recall, you can also establish and make to happen again and again. That is why the Holy Communion is such a powerful ordinance!

4. You are proclaiming His death until He comes.

“For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.” (1 Cor. 11:26). KJV says, you “shew the Lord’s death;” NLT says, “you are announcing the Lord’s death;” AMPC says, “you are representing and signifying.... the fact of the Lord’s death”. The Message Bible says, “You reenact in your words and actions the death of the Master”. To reenact means, “to act out (a past event); to repeat the actions of an event that happened in the past;

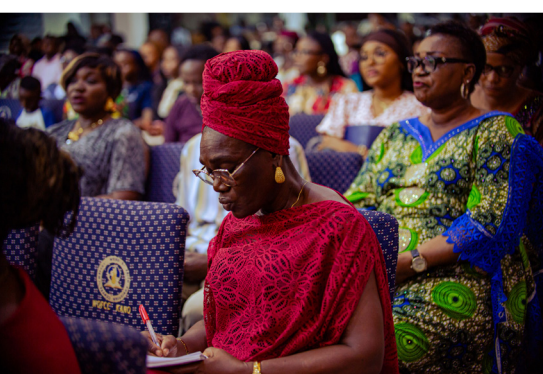
continued on page 15

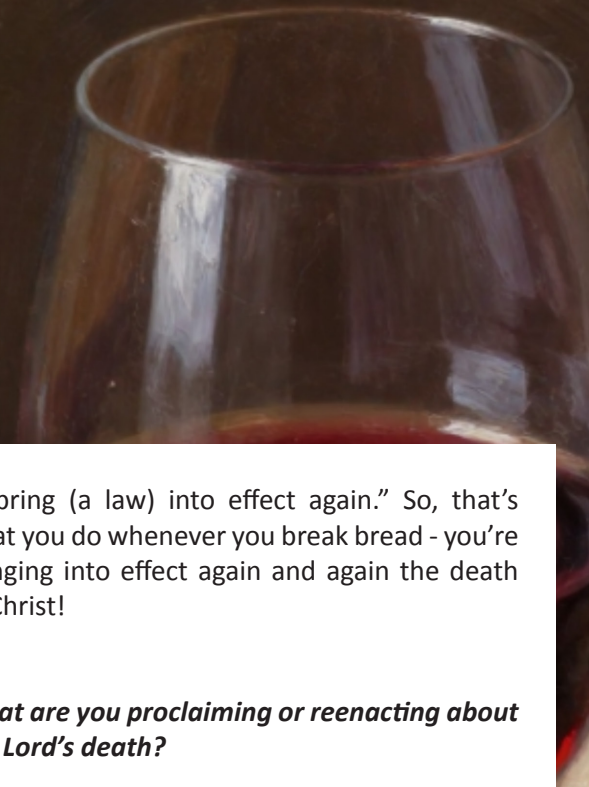


Follow Word
of Faith Christian
Centre on
Facebook

RESTORING TRUE WOMANHOOD

The Restoring True Womanhood is our annual international women's conference hosted by Rev. Funke Ewuosho and the Virtuous Women's Fellowship. This year (2026) was an incredible gathering, with the theme, 'Living a Purpose-filled Life'.





to bring (a law) into effect again." So, that's what you do whenever you break bread - you're bringing into effect again and again the death of Christ!

What are you proclaiming or reenacting about the Lord's death?

1. That satan has been destroyed.

".... that by [going through] death He [Jesus] might bring to nought and make of no effect him who had the power of death--that is, the devil—" (Heb. 2:14c AMP).

Jesus disarmed principalities and powers on the cross (Col. 2:15); and destroyed the works of the devil (1 Jn. 3:8). So, every time you break bread, you reenact the defeat of satan, by the death of Christ - "And they overcame him by the blood of the Lamb" (Rev. 12:11a).

2. Your redemption.

"knowing that you were not redeemed with corruptible things, like silver or gold... but with the precious blood of Christ, as of a lamb without blemish and without spot." (1 Pet. 1:18-19).

We need to, however, know what we have been redeemed from.

i. From the hand of the enemy.

"Let the redeemed of the Lord say so, Whom He has redeemed from the hand of the enemy," (Psa. 107:2). Remember, however, that in the New Testament. Our struggle isn't against people, "but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the

heavenly places." (Eph. 6:12). And the Father "has delivered us from the power of darkness and conveyed us into the kingdom of the Son of His love, in whom we have redemption through His blood," (Col. 1:13-14a).

ii. From the curse of the law.

"Christ has redeemed us from the curse of the law, having become a curse for us (for it is written, "Cursed is everyone who hangs on a tree")," (Gal. 3:13), You can find the curses in Deuteronomy 28:15-68. They include "extraordinary plagues—great and prolonged plagues—and serious and prolonged sicknesses." "Also every sickness and every plague, which is not written in this Book of the Law," (Deut. 28:59,61a).

iii. From death.

"Who redeems your life from destruction [death], (Psa. 103:4b)." Remember that the last plague in Egypt was the death of the firstborn; and God instituted the Passover to protect the Israelites from the destroyer (Exo. 12:13). God said, "Because of the covenant I made with you, sealed with blood, I will free your prisoners from death in a waterless dungeon." (Zech. 9:11c NLT). Job, prophetically said, even when some are at death's door; He will be gracious and say, 'Rescue him from the grave, for I have found a ransom for his life.' (Job 33:22-24 NLT). Jesus said He came to give Himself a ransom for us; and He did (Mark 10:45; 1 Tim. 2:6)!

iv. From sins and the past.

Jesus "gave Himself for us, that He might redeem us from every lawless deed" (Titus 2:14a). The Bible says, "It cost God plenty to get you out of that dead-end, empty-headed life you grew up in. He paid with Christ's sacred blood," 1 Pet. 1:18c-19 MSG). Then we can understand why the Bible says, anyone in Christ "is a new creation; old things have passed away; behold, all things have become new." (2 Cor. 5:17).

3. That the new covenant came into effect.

"For where there is a testament, there must also of necessity be the death of the testator. For a testament is in force after men are dead, since it has no power at all while the testator lives." (Heb. 9:16-17). Jesus is the mediator of a better covenant, established on better promises (Heb. 8:6). Better - in comparison to the old covenant! The Bible says that the blood of Jesus speaks better things than that of Abel (Heb. 12:24) - it speaks mercy and forgiveness. ►

APPLYING THE BLOOD:

1. God told the Israelites to apply the blood of the lamb, on their houses (Exo. 12:7); and they were to stay indoors- "And none of you shall go out of the door of his house until morning." (Exo.12:22c).

There is, at least, a four-fold application of "house" here:

One, God and His presence. "He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. Because you have made the Lord, who is my refuge, Even the Most High, your dwelling place, No evil shall befall you, Nor shall any plague come near your dwelling;" (Psa. 91:1,9-10). See also Psa. 51:1, Psa. 23:6 and Psa. 27:5-6.

Two, the building where you live- i.e. your physical location.

Three, your household- i.e. your family (Josh. 24:15; Acts 16:31).

Four, your physical body: (2 Cor. 5:1-8; 2 Pet. 1:14). Your body is the temple of the Holy Ghost who lives in you (1 Cor. 6:19); and because He lives in you, God gives life to your mortal body (Rom. 8:11). Our bodies are "members of Christ" (1 Cor. 6:15). Also, your body belongs to God (1 Cor. 6:20). Sicknesses and diseases have no right to trespass on God's property!

2. The blood had to be applied.

That was what separated the house of the Israelites from the Egyptians! God said, "Now the blood shall be a sign for you on the houses where you are.

And when I see the blood, I will pass over you; and the plague shall not be on you to destroy you when I strike the land of Egypt." (Exo. 12:13. So the blood had to be seen, for them to be protected. Notice that it is called, "the blood of sprinkling" (Heb. 12:24). Moses sprinkled the book of the covenant, all the people, the tabernacle and all the vessels of ministry, with the blood (Heb.9:18-21).

3. The blood was to be applied with a hyssop (Exo, 12:22a).

The hyssop could be likened to our tongue! The power in the Blood is voice-activated; "And they overcame him by the blood of the Lamb and by the word [utterance] of their testimony," (Rev. 12:11a). You must boldly testify about the blood. The Bible says, "Let the redeemed of the Lord say so," (Psa. 107:2a). "I will say of the Lord, "He is my refuge and my fortress; My God, in Him I will trust. Surely, He shall deliver you from the snare of the fowler And from the perilous pestilence." (Psa. 91:2-3). Notice that verse 3 follows verse 2; implying that the saying precedes the deliverance! Remember, your tongue is the rudder that determines the direction of your life (Jas 3:4). Angels heed the voice of God's Word (Psa. 103:20).

You can now declare:

"I plead the blood of Jesus over my life, my body, my household, my work, my possessions, and my pathways in Jesus' Name. By faith, I apply the blood. I establish the bloodline around me and my household in Jesus' Name. Satan, sicknesses and diseases, death and destruction, you cannot cross the bloodline. I forbid you in Jesus' Name. Amen."

In conclusion: the Bible says of some folks that, "having a form of godliness but denying its power." (2 Tim. 3:5a). We must therefore be careful not to reduce such a powerful ordinance, as the Holy Communion, to a mere religious form! In that light, I would like to leave with you two major points: One, you must do it in faith (2 Cor. 5:7) - believing and acting on God's Word! And two, you must have a revelation knowledge of the Holy Communion; so you can do it from your heart and not just from your head! As believers, we must operate by revelation knowledge (Eph. 1:17-18); that's what gives power to whatever we do.

God bless you
Rev. Funke Ewuosho



REV. FUNKE EWUOSHO

Copyright © 2026 Rev. Funke Ewuosho. No part of this article may not be reproduced, stored in a retrieval system or transmitted in any form or by any means without prior permission of the author.

Raising Teens that Thrive

Deeply Rooted: A Story of Identity, Faith, and a Door That Was Locked

I was eleven years old. My mother had come to find me with a particular look on her face — not angry, but deliberate. Quiet in a way that was louder than shouting. “Your father and I need to see you,” she said. Nothing more. My heart skipped a beat. I walked to their bedroom door doing a rapid inventory of my recent crimes: the glass I had knocked over two weeks ago and swept quietly under the cabinet; the neighbour’s mango I had helped myself to without asking; the school report I had “forgotten” to show them. My mind was a courtroom, and I was already convicting myself before the jury had assembled.

I stepped in. My father was seated. My mother sat too, and then she did the thing that sealed my fate, or so I believed — she turned the key in the lock. The door clicked shut. I had never in my life felt more cornered. I stood there, hands at my sides, preparing for the reckoning.

Then my father smiled. “Sit down,” my mother said gently. “You have been given admission. You are going to secondary school.” The relief that flooded my body was so sudden it almost made me laugh. But before I could even settle, my father leaned forward, hands clasped, eyes steady, and began to speak — and what came out of that room was not a celebration. It was a commission.

For the next hour, my parents told me who I was. Not who I should try to become. Who I already was. They spoke of God’s hand on my life before I was born. They spoke of the family name and what it carried. They told me that when I walked into that school, I would meet children from all kinds of homes with all kinds of values, and I needed to know my own so firmly that no wind could loosen it. My mother said, “The world will offer you many identities. We are locking this room today so you leave knowing the one that is truly yours.”

I did not fully grasp it then — I was eleven, and I was mostly relieved I was not in trouble. But those words were planted in

soil deeper than my understanding. They grew quietly and steadily for years. And when the storms came — as they always do for teenagers — I found I had roots that held.

Forging Identity Before the World Gets the Chance

What my parents did that evening in a locked room was not unique to them. It is one of the oldest acts of godly parenting in Scripture. When God called Gideon in Judges 6, Gideon was hiding in a winepress, threshing wheat in fear of the Midianites. He saw himself as the least of the least — the smallest in his family, from the weakest clan. But the angel of the Lord did not address what Gideon thought he was. He said, “Mighty warrior”. God spoke the identity into existence before Gideon had done a single brave thing. That is the pattern. Identity first. Action follows.

Every teenager walking into secondary school, into university, into social media, into peer pressure — they are all standing in some version of that winepress, deciding what to believe about themselves. If parents do not speak into their identity, the culture will do so. And the culture is not gentle or godly, nor does it cause our young ones to flourish.

Consider also how Isaac called Jacob to him before he sent him out into the world in Genesis 28. He blessed him. He named who he was and who he came from. He sent him out, not empty-handed but weighted with identity. Jacob would go on to wrestle with God and survive it — not because he was naturally strong, but because he knew he carried something worth fighting for. That sense of knowing had been given to him.

The Years That Tested What Was Planted

Secondary school arrived, and it was everything my parents had warned me about and nothing I had fully prepared for. It was a girls-only school — which meant the particular theatre of female adolescence played out in full, unfiltered view. There were girls who seemed to have arrived already knowing who they were, wearing their confidence like a uniform they had been born into. There were cliques with invisible admission requirements, friendships that shifted without warning, and a social economy where worth was measured in ways nobody wrote down but everybody understood. The boys came in from outside — at inter-school events, at church, on the bus home — and brought with them a different kind of pressure entirely. The need to be noticed. ►



The need to seem unbothered while desperately wanting to belong. And the male teachers added their own layer: some were firm and fair and became the kind of figures you quietly looked up to; others wielded authority carelessly and left marks they never knew about.

And threading through all of it was the constant, grinding question that every teenager carries like an invisible weight: Who am I, really, when no one from home is watching?

I stumbled. I made choices I would quietly unpack in prayer years later — moments I chased approval in rooms that did not deserve my attention. I tried on versions of myself that did not fit, and laughed at things I was not sure I found funny because belonging felt more urgent than honesty. But there were moments — and I can still locate each one precisely — when something from that locked room surfaced. A voice. A sentence. The memory of my father's steady eyes. A knowing that reached up from beneath the noise and steadied me. Not perfectly. But enough. The roots held.

This is what the Bible means in Proverbs 22:6 when it says to train up a child in the way he should go. The Hebrew root of "train up" is *chanak*, which was used to describe the dedication of a new house or the practice of a midwife rubbing the palate of a newborn with crushed dates to stimulate feeding. It is not a classroom instruction. It is a deep, intimate, life-giving forming. That is what my parents were doing in that room with the locked door. They were not lecturing. They were forming.

What Kept Me — And What Will Keep Your Child

Three things my parents built into me that became my foundation, and that I now recognise as deeply biblical:

They told me whose I was before they told me who to be. Before Jesus began His public ministry, before He performed a single miracle, God spoke over Him at the Jordan: "This is my beloved Son, in whom I am well pleased." (Matthew 3:17). The affirmation came before the assignment. My parents gave me the same gift. When a teenager knows they are beloved — not for performance, but by birthright in God — they carry a security the world cannot manufacture.

They modelled what they preached.

My father once turned the car around to return a small sum of money a market woman had miscalculated and given to him as change. It was an inconvenience, but he did it anyway. I sat in that back seat and received a sermon no pulpit could have delivered more powerfully. Paul wrote to the Corinthians, "Be imitators of me, as I am of Christ." (1 Corinthians 11:1). Our children are always watching. The question is not whether we are modelling — we always are. The question is, what are we modelling?

They prayed with me, not only for me.

There is a profound difference. Praying for your child places them in God's hands. Praying with your child teaches them to reach for those hands themselves. Hannah did not simply pray about Samuel — she dedicated him, spoke over him, and released him to God's purposes from infancy. He grew up in the temple, near the voice of God, and when that voice called his name in the night, he recognised it (1 Samuel 3). Familiarity with God's voice is caught, not just taught.

To Every Parent Holding the Key

You may not have a 'locked room' or a formal moment. That is all right. Identity-forging happens in the car on the way to school. It happens at the dinner table when you ask your child what they believe and then actually listen. It happens when you are tired but still you choose grace over harshness. It happens in a thousand small, unremarkable moments that your teenager will carry for the rest of their lives without knowing exactly where they picked them up. Do not wait for the right moment. Speak their identity now. Tell them they are chosen (1 Peter 2:9). Tell them they were known by God before they were formed (Jeremiah 1:5). Tell them God does not make mistakes and they were not one. Tell them the name they carry and the God who holds it. Before they leave home, ensure that they know who they are.

I am the person I am today because two parents sat me down before the world could, looked me in the eyes, and told me the truth about myself. The world has tried many times since to write a different story over me. But you cannot overwrite what is deeply rooted. You can only prune what grows from the surface. The roots — those hold.

"They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit." Jeremiah 17:8

by Mrs Kemi Izedonmi

Head of the Children's Church department for Word of Faith Christian Centre, Lagos, Nigeria



I Missed Harvestime Church Greatly

I first heard about Harvestime Church in 2017, during my first year at Royal Holloway University. It was our Freshers' Fair, and I was there to experience university life as a new student. One of the stands I stopped at was Harvestime Church. At the time, I was still quite reserved. Although I felt drawn to the stand and was met with warm smiles from Julie and Keji, I simply accepted a welcome pack and continued on to other stands, thinking little of the encounter. Back at my student accommodation, I kept to myself until a girl who lived in the same building started up a conversation with me, and we quickly became friends. The following week, another girl from my course approached me when she noticed I was trying to not to be approached. These two girls became close friends of mine, and I later discovered they were both Christians who attended Harvestime Church. When I realised this, I understood that the warmth I felt from Keji and Julie at the Freshers' Fair was no coincidence.

Soon after, I attended my first church service and learned about a Bible study session at Robert and Indra's (leaders in the church) house. I felt blessed at every gathering, nourished by both the Word and the food (thank you!). Almost immediately, my university experience transformed from one of solitude to one filled with community, companionship, and countless joys. I found a community that loved Christ, and through them, I learned what it truly meant to love Christ and live in a Christ-like way. My first year at university, while attending Harvestime Church, was one of the best of my life and deeply shaped who I am today.

Unfortunately, shortly after the pandemic in 2020, I graduated without saying a proper goodbye to Harvestime Church due to the lockdown. I now understand that it was not meant to be a final farewell. After graduation, I moved back to London to work, which eventually took me to jobs in Leamington Spa and Salisbury. During these three years, I missed Harvestime Church greatly and felt a deep pull to return.

I often told Keji that I would come back, though I didn't know how God would make it possible.

During my time away, I also met my now-husband. Even though I wasn't attending Harvestime regularly, I knew that before I could fully embrace my desire to marry him, he needed to meet my faith family at Harvestime Church. I wanted him to connect with people who were grounded in God's Word. I remember bringing him to the church barbecue and sports day in summer 2022. Despite my long absence, it felt like I had never left. Everyone welcomed both of us warmly, and I felt a deep, effortless peace. I even noticed my normally reserved husband interacting freely with others. After that day, he told me that although he had never found a church to call his own, he could easily see Harvestime becoming his spiritual home.

Two days before starting a new role (my current job), my husband proposed. I felt a sense of security I had not experienced in my previous roles and began planning to settle down. Even though I found a good church to attend in Southampton, I knew my heart was set on returning to Harvestime. To my surprise, my husband felt the same. We started searching for a home between Salisbury and Virginia Water. While my job was based in Salisbury, it was scheduled to move to Oxford, so we looked for homes there. Eventually, we discovered a better middle ground: Reading. I had never lived there before, but I realized it was only 45 minutes from Virginia Water, on the same train I often took to get to university in Egham. My heart leapt with joy. I could keep my job and return to Harvestime Church!

After four years of wandering, God fulfilled His promise and brought me back to Harvestime Church. The last time I had attended regularly, I was a student; now I returned as a working, married woman. I felt triumphant, confident that my walk with God was on the right path and that the foundation of my marriage was secure.

Dami

(Visit us at www.harvestimechurch.net)

Wisdom Store

specially selected messages...

EXPERIENCING THE FULLNESS OF GOD



EXPERIENCING THE FULLNESS OF GOD
REV. KOLA EWUOSHO

The fullness of God is found in the fullness of Christ. God designed man to walk in His fullness. The Genesis account shows that man was designed for the fullness of God. Man fell into sin and thus fell short of the glory of His fullness.

MP3/CD

£5 / \$7

WITHSTANDING IN THE EVIL DAY
REV. FUNKE EWUOSHO

"Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand." Eph 6:13 NKJV

We are living in the end times, and we need to be watchful and stand. Not in our own strength, but using the armour that God has already provided for us.

MP3/CD

£24 / \$33

withstanding
in the
EVIL DAY

BUILDING & STANDING ON THE SOLID ROCK
REV. KOLA EWUOSHO

Many lives are built on traditions, opinions of others, our cultures, (nature, nurture and culture). Even our own opinions and experiences, can inform how our lives are built. What we build our lives on has a way of informing our thought patterns, our expectations, and our lifestyle patterns.

MP3/CD

£5 / \$7

buidling
& STANDING
on the
solid
rock

living life
fearlessly



LIVING LIFE FEARLESSLY
REV. FUNKE EWUOSHO

Could you for a moment imagine what your life would be or look like- IF you didn't entertain any fears that something evil or negative or wrong might happen? In this teaching, I'll be talking about how we can achieve this goal - happy listening!

MP3/CD

£5 / \$7



HARVESTIME CHURCH ESTORE



FOWM SPOTIFY

OUR PARTNERS

2025 IMPACT

PUBLICATIONS

Translated and printed hundreds of booklets for our Latin America outreach. 1,500 Wisdom Digest Magazines designed, printed and distributed

COSTA RICA

We embarked on our first Apostolic Outreach trip for 2025 between 23rd May to 1st June. Rev. Kola and the Outreach team ministered in around 6 churches all over Costa Rica.

THE PHILIPPINES

Between the 4th to 28th September, Rev. Kola, joined by Pastor Kofi Apenteng Freduah-Agyemang, and the Outreach team, held 27 meetings in total. They covered the cities of Bacolod, Davao, and Manila, with additional activities in Batangas. You can find the full report on this trip in our latest Wisdom Digest (Winter 2025).

MISSIONS SUPPORT

Our partners also support all the various missions within the global network of FOWM churches.

Dear Friend,

It is with joy that we send you our FOWM Partnership Impact report for 2025.

FOWM partners are at the heart of our global outreach and we are grateful to those who have supported us over the years.

In these unprecedented times, it is wisdom that will sustain us. At the Fountain of Wisdom Ministries, we continue to walk in the mandate God gave us almost 40 years ago, as we grow in the grace of God for the work ahead.

Here is a summarised 2025 report of how your collaboration with FOWM helped us to make an impact in the Kingdom of God. As doors continue open for us in the various nations of the earth we look to our partners to stand with us in prayers, in giving and receiving so that like Peter and Paul, we also can carry out our God-given mandate to the nations.

NEW FOR 2026

FOWM desires to reach more nations in this new year! More than ever before, our passion is for the nations, and we look forward to more Apostolic Outreach trips. We also want to translate more publications into Spanish, Tamil and other languages – and we would love to make this a reality in the coming years.

If you would like to give towards our outreaches, please reference 'Apostolic Outreach' in your giving.

Our dedication to our partners remains the same – praying for you and supplying you with resources that will continue to strengthen your faith life. We will also continue to keep you updated on all our outreach projects and plans. Please look out for seasonal partnership gifts and events (physical/virtual)!

Become a regular giver
www.fowm.org/partners

The Compassion of Christ

Of all the character traits of Jesus Christ, compassion is the one I find myself returning to most. If there is one quality the world is starved of today, I believe it is this; compassion that moves you to act, not merely the feeling.

The Oxford dictionary defines compassion as “the feeling or emotion when a person is moved by the suffering or distress of another, and by the desire to relieve it.” What I find most striking is that final clause: “by the desire to relieve it.” Compassion, rightly understood, is not passive. It involves action.

It is worth distinguishing compassion from two words often used in its place: empathy and sympathy. Empathy is the ability to understand and share another’s feelings. You identify with their pain, but not necessarily moved to act. Sympathy is the feeling of pity and sorrow for another’s misfortune. You feel for them, but that’s about it. Compassion goes beyond both. It actively steps in, supporting, touching, doing something to relieve the suffering.

The word used most often in the Gospels to describe Jesus Christ’s compassion is the Greek word “*splagchnizomai*”, which means to be moved in one’s innermost parts; to feel an anguish so deep it reaches the stomach. This is the compassion of Christ. He consistently looked upon human suffering and never turned away; from the leper to the widow, from the hungry crowd to the grieving sister. His compassion is not occasional, it is the very signature of his nature. In Philippians 2:1–2, the Apostle Paul makes the connection between inner compassion and outward action explicit:

“Is there any encouragement from belonging to Christ? Any comfort from his love? Any fellowship together in the Spirit? Are your hearts tender and compassionate? Then make me truly

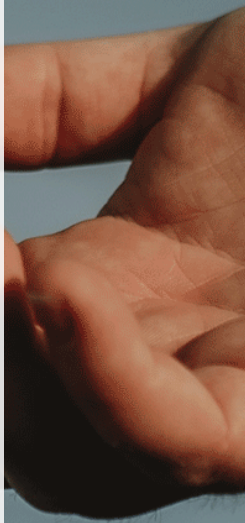
happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose”. Philippians 2:1–2 [NLT]

Paul is essentially asking: do you have the mind of Christ, the attitude of Christ, the character of Christ? And if so, here is what that looks like in practice: agreement, love, unity of purpose. Compassion expressed in community.

In the ministry of Jesus Christ, compassion is never a sentiment left unexpressed. It is a movement of the heart made visible through action, touch, and word. He looked upon human suffering and never turned away. One of the most tender moments in all of Scripture is the healing of the man with leprosy. This man was despised, declared untouchable, and exiled from community. He fell before Jesus Christ and said, “If you are willing, you can make me clean.”

“Jesus was indignant. He reached out his hand and touched the man. ‘I am willing,’ he said. ‘Be clean!’ Immediately the leprosy left him and he was cleansed.” Mark 1:40–42 [NIV]

Jesus Christ did not merely heal with a word. He reached out and touched the man; an act that, by Jewish law, would have rendered any teacher ceremonially unclean. The touch mattered. The action was seen by all. Equally striking is the healing of the two blind men ►



near Jericho. The crowd tried to silence them. Jesus Christ stopped, called them to himself, and the text says it plainly: “Jesus had compassion on them and touched their eyes. Immediately they received their sight and followed him.” Matthew 20:34 [NIV]

The Gospels are full of such moments: the raising of Lazarus, the widow of Nain whose son had died, the feeding of the multitudes. In every case, Jesus does not love from a distance. He steps into the grief and lets it move him.

“When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd.” Matthew 9:36 [NIV]

“I have compassion for these people; they have already been with me three days and have nothing to eat. I do not want to send them away hungry, or they may collapse on the way.” Matthew 15:32 [NIV]

Every individual expression of compassion in Jesus Christ’s ministry was, in a sense, a signpost pointing to one supreme moment: the cross. The love of God reached its fullest and most costly expression there. “But God demonstrates his own love for us in this: while we were still sinners, Christ died for us.” Romans 5:8 [NIV]

Even in the agony of crucifixion, His compassion did not waver. He prayed for those who drove the nails. He promised paradise to a dying criminal. And he ensured his mother would be cared for: “Jesus said, ‘Father, forgive them, for they do not know what they are doing.’” Luke 23:34 [NIV]

“When Jesus saw his mother standing there beside the disciple he loved, he said to her, ‘Dear woman, here is your son.’ And he said to this disciple, ‘Here is your mother.’ And from then on this disciple took her into his home.” John 19:26–27 [NLT]

As believers, we are called to be “Christlike”, which means we are called to carry this same quality into every encounter. The story of Peter and John at the Beautiful Gate shows us what that looks like when compassion meets a moment of need:

“Then Peter said, ‘Silver or gold I do not have, but what I do have I give you. In the name of Jesus Christ of Nazareth, walk.’” Acts 3:6 [NIV]

Peter and John didn’t walk away simply because there was no money to offer that man. Instead they knew they could give him something far greater than he had imagined - wholeness. As believers, if there is one thing we always carry, it is the Name of Jesus Christ. What is greater than this?

“Therefore, as God’s chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.” Colossians 3:12 [NIV]

We are not simply to admire Jesus Christ’s compassion from a distance. We are to wear it, to let it become the posture we carry into every relationship, every room, every moment of human need we witness. In today’s world, what is missing is not awareness of suffering. It is compassion that moves us to act, to pray for the lost, to evangelise, to reach toward the needy, and to preach the gospel. Not because we may (or may not) have silver or gold, but because we have something better.

The compassion of Jesus Christ is perhaps the most compelling evidence of who God truly is. In Jesus Christ, God moved toward us. He saw us not as problems to manage but as people to love. He touched the untouchable, wept with the mourning, fed the hungry, forgave the sinner, and died for the guilty. This is the compassion of our Lord; boundless, active, and unchanging. And there is no greater gift we can offer anyone than to be a vessel of it.

by Mark Nzei

CONNECT WITH FOWM

ONLINE

